

# FAMILY

## **PRINCIPLE:**

Family is the basic unit of society. A family is the best place for us to grow, learn and become responsible adults. Families come in all shapes and sizes, they can include neighbors and community.

**WELCOME ACTIVITY:** Get to know class members. Sing a song or activity.

## **IMAGE:**

Show a picture of families, extended family and also a group of people in a community.





### **QUESTIONS:**

- What do you see in these three pictures?
- How can family help us build a stronger community?
- Why is family so important to our society?

### **EMPHASIZE:**

- A family is the basic unit of society
- Family has the first responsibility to teach human dignity
- A family is important for the growth of each member
- Forced marriage is not acceptable. Young men and women have the right.

### **ACTIVITY:**

Show the human knot picture to the class.



### **Face to face: HUMAN KNOT GAME**

#### **How to play the game:**

- Have all of the player stand in a tight circle.
- Instruct everyone to put their right hands in and find another free hand to hold.
- While continuing to hold right hands, have everyone put their left hand in and find another free left hand to hold. At this point, you should have a big “knot”.
- While holding hands, try to “untie” the knot. This will involve stepping over and under other people’s hands.
- The goal is to have everyone untangled and standing in a circle without ever breaking their grip on each other’s hands.

#### **Notes**

Sometimes you will end up with two separate circles. This is OK. It just depends how the people grab each other’s hands at the beginning. They should try not to grab the hand of the person right next to them. The idea is to start with a knot

### **QUESTIONS: Makes connections**

- How do you feel about the the pictures and the game been played.
- How do you feel to be part of each of the families?
- How can you help a hurting family member?
- In what ways do we show respect to each family member, even if they don't show you one?

### **PLAN AND ACT:**

Share what you will do this week to support and be there for your family.

### **REFLECT:**

Share what you felt at the end of the week after implementing the plan made in your previous class with the class.



This content is provided to you freely by EdTech Books.

Access it online or download it at [https://edtechbooks.org/localized\\_human\\_rights/family](https://edtechbooks.org/localized_human_rights/family).

