

The PedsQL Measurement Model



The PedsQL assesses wellbeing from a clinical perspective across four domains: physical, emotional, social, and school functioning. It includes a model for children Ages 2 to 18 and a separate parent proxy report. It is reliable and valid, and it is responsive to clinical changes over time. It contains 23 items rated on a 0-4 Likert scale by the frequency each statement accurately describes the child’s life. The PedsQL can be completed in about 4 minutes. It has been previously used in a sleep and wellbeing intervention for elementary students (Quach, 2011). This questionnaire has been translated into multiple languages, including broadcast Spanish. It is free for non-academic use, which would probably include most school leaders (ePROVIDE, 2019).

Pros for Schools

Cons for Schools

Proxy report option

Valid and reliable

Appropriate for Ages 2-18

Available in multiple languages

Short (23 items/4 items)

No cost

Some translations lack “full linguistic validation process” (ePROVIDE, 2019)

Suggestions for Further Research

ePROVIDE. (2019, October). Pediatric Quality of Life Inventory™ (PedsQL™). <https://edtechbooks.org/-Dke>

Quach, J., Hiscock, H., Ukoumunne, O.C., Wake, M. (2011). A brief sleep intervention improves outcomes in the school entry year: A randomized controlled trial. *Pediatrics, American Academy of Pediatrics*, pediatrics.aappublications.org/content/128/4/692. doi: 10.1542/peds.2011-0409

Varni, J.W. (1998-2020). About the model. PedsQL™ (Pediatric Quality of Life Inventory™) www.pedsq1.org/about_pedsq1.html

Varni, J.W. (1998-2020). Limited use license. *PedsQL™ (Pediatric Quality of Life Inventory™)*, www.pedsq1.org/pedsq12.html



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