

Maslach Burnout Inventory: Educator's Survey (MBI-ES)



The Maslach Burnout Inventory: Educator's Survey, a specialized version of the Maslach Burnout Inventory (MBI), was specifically designed for educators including teachers, administrators, staff members, and volunteers working in an educational setting. Focused on individuals' work environment, this survey assesses emotional exhaustion, depersonalization, and personal accomplishment, including educators' feelings about their students, their work, and their successes. Responses to this survey's 22 self-report questions are on a 7-point Likert scale according to the frequency the individual identifies with each statement: For example, "I have accomplished many worthwhile things in this job," or "I feel emotionally drained from my work" (MBI). It can be completed in 10-15 minutes. It is available in several languages and requires purchase for use.

Pros for Schools

Available in different languages
Specific to educators in workplaces

Cons for Schools

Price depends on type of use and services. Users can reproduce paper copies or use Mind Garden's Transform System for \$2.50 per person (minimum purchase 50 or 20 respectively).
Focuses more on burnout than wellbeing

[Click here](#) for more payment options.

Suggestions for Further Research

Maslach, C., Jackson, S. E., & Schwab. R. (n.d.) Maslach Burnout Inventory - Educators Survey (MBI-ES) - Assessments, tests. *Mind Garden*. www.mindgarden.com/316-mbi-educators-survey.





This content is provided to you freely by BYU Open Textbook Network.

Access it online or download it at https://open.byu.edu/wellbeing/MBI_ES.