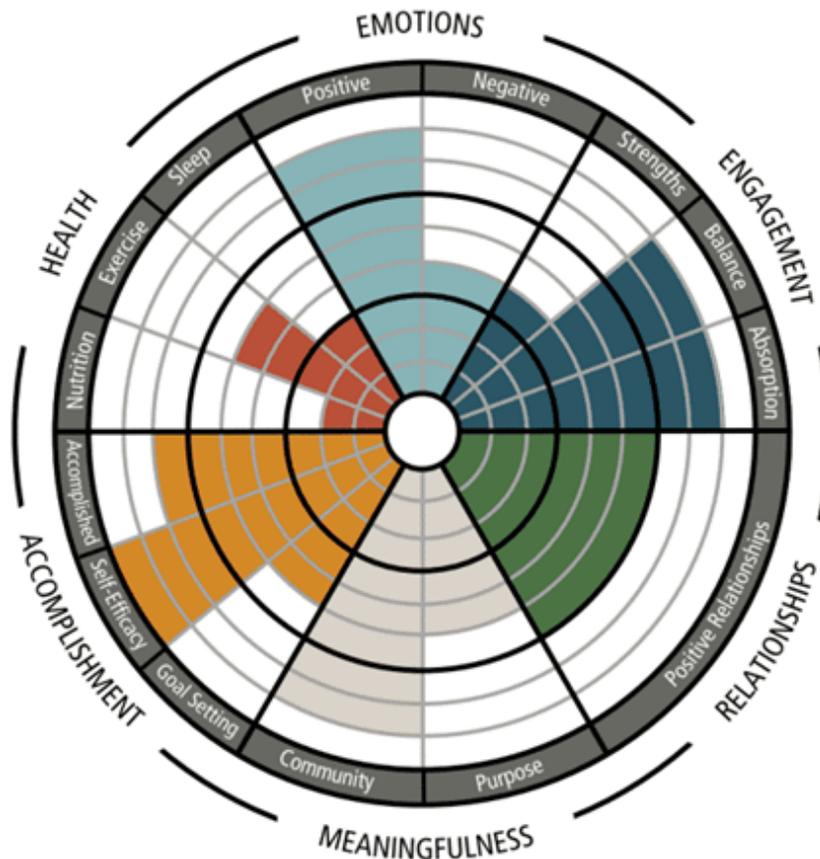


Flourishing at School Survey (FAS)

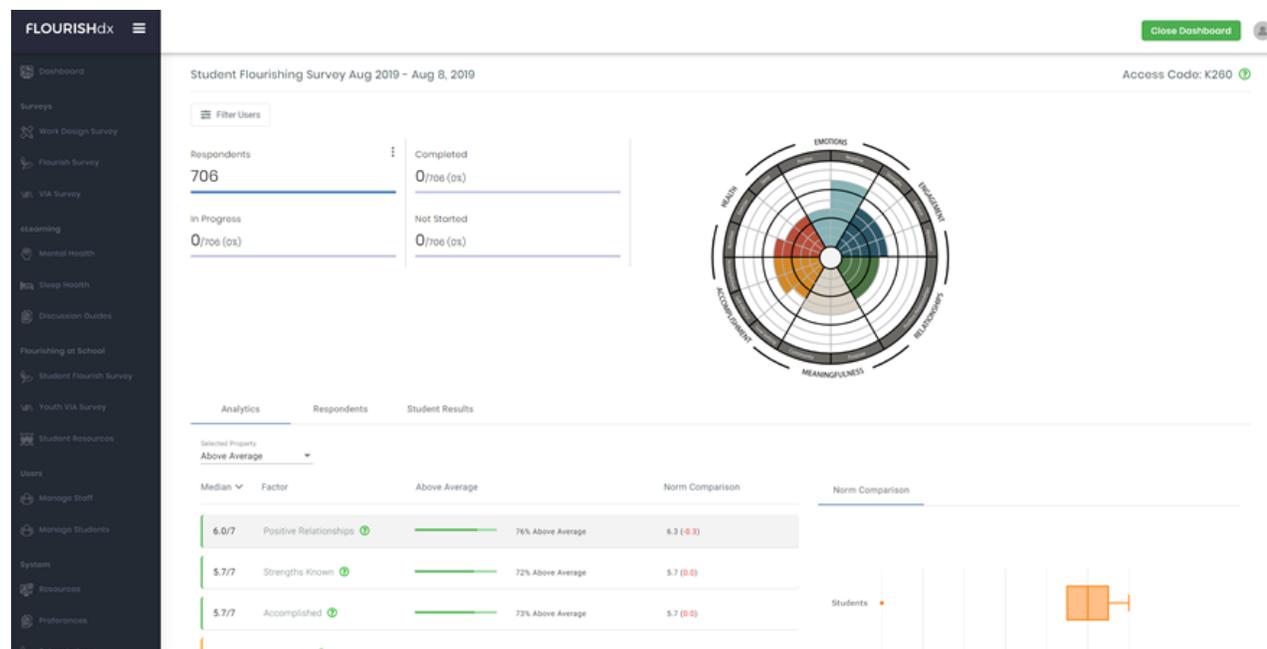


This survey is a cloud-based software system, part of a full set of resources published by Flourishing at School. The FAS defines flourishing by domains similar to the common Perma construct: which includes positive emotions, engagement, positive relationships, meaningfulness, and accomplishment, as well as physical health measures like exercise, sleep, and nutrition.



The newly released 2.0 version, which is integrated with VIA character strengths, contains 62 multiple-choice questions and can be completed in approximately 30 minutes. Results are compared to a large normative sample. A student and staff module can allow greater continuity between populations. The validity of this assessment was established “in

collaboration with researchers from Murdoch University (Perth, Western Australia) in two studies comprising a total of 15 Australian secondary schools and more than 7,500 students” (Assessment Manual). The \$2,500 base rate includes 50 faculty accounts; \$50 is charged for each additional account and \$5 for every student account. This annual subscription “allows for the unlimited use of the included surveys (VIA and Flourish for Students, plus VIA, Flourish and Work Design surveys for faculty)” (J. Schie, personal communication, November 5, 2019). The results are interpreted and returned as a dynamic dashboard (see example below).



Pros for Schools

- Valid and reliable
- Student and staff modules
- Tested with over 7,500 students across 15 Australian schools
- Interprets results as an online school summary report

Cons for Schools

Approximate \$2500 base rate (50 faculty accounts), \$5 per student, and \$50 for every additional faculty account

The visuals included in this section are included with permission from *Flourishing at School* by Jason van Schie. Refer to www.flourishingatschool.com/ for more resources relating to this measure.

Suggestions for Further Research

Flourishing at School. *Assessment Manual*. www.flourishingatschool.com/.





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Access it online or download it at <https://open.byu.edu/wellbeing/FAS>.

